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VOLATILE ORGANIC COMPOUNDS IN MOTOR VEHICLE INTERIORS UNDER VARIOUS CONDITIONS AND THEIR EFFECT ON HUMAN HEALTH

Summary. The aim of this paper is to estimate the mass concentrations of volatile organic compounds (VOCs) such as benzene (B), toluene (T), ethylbenzene (E) and m-, p-, o-xylenes (X) inside of the driver-compartment of motor vehicles. The results were compared with the Czech limits for indoor environments and the external concentrations. The experiments were carried out on various routes with different methods of ventilation. The volatile emissions detected inside the vehicle were investigated in the city of Brno, Czech Republic. Cabin air was collected using desorption tubes and the samples were analysed by thermal desorption gas chromatography with a flame ionisation detector coupled with a mass detector. VOC concentrations detected in the cabin of the vehicle ranged from 2.93 $\mu\text{g}\cdot\text{m}^{-3}$ to 7.96 $\mu\text{g}\cdot\text{m}^{-3}$ for benzene, 1.42 $\mu\text{g}\cdot\text{m}^{-3}$ to 4.38 $\mu\text{g}\cdot\text{m}^{-3}$ for toluene, 44.06 $\mu\text{g}\cdot\text{m}^{-3}$ to 152.00 $\mu\text{g}\cdot\text{m}^{-3}$ for ethylbenzene and 63.07 $\mu\text{g}\cdot\text{m}^{-3}$ to 479.62 $\mu\text{g}\cdot\text{m}^{-3}$ for xylenes. The indoor limit value for benzene, according to the Czech standard, is 7 $\mu\text{g}\cdot\text{m}^{-3}$. Levels of toluene were consistently below the Czech hourly standard, whose value according to the Czech standard is 300 $\mu\text{g}\cdot\text{m}^{-3}$.

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According to our findings, various methods of ventilation are an important factor influencing the BTEX pollution levels within the interior of the vehicle. In addition, this paper presents the influence results of benzene on the health of passengers inside the cabin of the vehicle. The results show that all age categories, especially children under the age of two, are exposed to increased health risks.

Keywords: benzene, BTEX, descriptive statistics, health risk assessment, vehicle, volatile organic compounds (VOCs)

1. INTRODUCTION

Emissions from transport vehicles is an important factor affecting the environment [1-4]. Volatile Organic Compounds (VOCs) present in the air in urban areas cause considerable concerns. Large urban areas suffer under the onslaught of increased traffic, which is a major source of VOCs. Mobile and fixed sources emit large amounts of VOCs. Vehicles can contribute up to 35% of ground-level concentrations of VOCs [5]. VOCs are correlated with traffic density during morning and evening commute peaks [6]. Benzene, toluene, ethylbenzene and xylenes (BTEX) are the major and most studied components in motor vehicles.

According to Cao [7], most VOCs are known or suspected carcinogens. Benzene is a well-known carcinogen, while ethylbenzene and styrene are classified as potential carcinogens in humans and toluene is not classified as carcinogenic in humans by the International Agency for Research on Cancer. For example, leukaemia is associated with exposure to benzene. Benzene is one component of gasoline. Higher content of benzene in fuel affects ambient VOC level [6]. Due to its harmful health effect, reduction of benzene in gasoline is an endeavour to reduce benzene levels throughout the world. The emission factor of individual BTEX varied under identical driving modes. The average emission factor of total VOCs at low speed (30 km.h⁻¹) was the largest among those tested [8]. The concentration of VOCs within the compartment of the vehicle depends on several factors.

Another source that affects interior vehicle VOC levels includes tobacco smoke, spills of chemicals within the vehicle or climate and altitude changes. New cars have relatively higher interior VOCs levels than older vehicles [9], depending on the materials used in their interiors. VOCs are linked with interior sources such as upholstery or plastic mouldings, carpets, seating surfaces, foam cushions, paint and sealants [10, 11]. Hydrocarbons are more present in the summer. In winter, the concentrations are similar to external concentrations [12].

Certain environmental factors influence VOC values such as temperature, humidity or airflow velocity [8]. The use of air conditioning was investigated and may reduce BTEX within the cabins of cars. Reducing interior temperature decreased VOCs pollution levels [9]. However, as stated by Chen et al. [10], concentrations of BTEX were found to be higher in air-conditioned buses than non-air conditioned buses, because reduced natural ventilation prompts an increase in air conditioner pollution. According to Dirks et al. [11], windows left open are the best solution for maintaining low in-cabin air pollution levels, although recirculation should be used in anticipation of congested conditions.

Movement of transport in cities is due to the slow movement of vehicles during morning and evening rush hours [13]. Some studies [14, 15] found that in-vehicle concentrations of VOC during increased traffic periods were up to eight times higher than appropriate ambient levels. During the summer, vents or windows remain open or closed depending upon the use of air conditioning.

This paper evaluates two typical ventilation methods in vehicles that affect interior concentrations of BTEX. The article describes the design of actual measurements at selected locations and on a selected sample of passengers commuting to the city of Brno. The aim of this study was to assess the exposure of passengers to BTEX substances on their journeys by car along commuter routes in the metropolitan area of Brno.

Brno is situated at an altitude of 497 m in the Czech Republic. The population of Brno approximates 377,000 and population density is approximately 1,759 km⁻². During the measurements on each track, meteorological parameters and traffic density were also studied. Since benzene is a carcinogenic substance, the effect of benzene on human health was studied in this work. The scope of the case study and the use of the methods are described in the next part of this article. Initially, the focus centres on the specification of the methods used and their results, which was later presented and discussed.

2. MATERIALS AND METHODS

In the first step of the study, measurements were made of BTEX. Measurement was carried out in three localities with different intensity load transport. Two urban routes and a rural route were chosen for this study. Along these routes, no significant source of VOCs exists that would affect the measurement. This also confirms studies [13] carried out on similar localities in Brno.

When the routes were selected, traffic loads were determined at selected locations. Data on traffic density are sourced from the national traffic census by the Road and Motorway Directorate of the Czech Republic. Routes location, traffic intensity, sampling time and the sampling scheme are summarised in Tables 1 and 2. As mentioned in the introduction, the effect of ventilation in vehicles plays an important role, therefore, measurements were carried out in two modes, with open and closed ventilation.

Tab. 1

Density of transport (vehicles per 24 hours) on study routes

Location	Density of transport (vehicles per 24 hours)
Brno- town centre	36,000
Arboretum Lesná	25,000- 40,001
Lipůvka-Blansko	7,001-10,000

Tab. 2

Summary of the sampling scheme

Drive mode	Routes	Time sampling [s]	Volume of air sampled [l]	Temperature in cabin [°C]
Ventilation open	Lipůvka-Blansko	900	3.002	22
Ventilation closed	Blansko-Lipůvka	900	3.004	22
Ventilation open	Arboretum-Lesná	900	3.002	22
Ventilation closed	Lesná-Arboretum	900	3.004	22
Ventilation open	Brno-town centre	900	3.004	22
Ventilation closed	Brno-town centre	900	3.002	22

2.1. Location Brno – town centre

Brno-centre of city (route A – 3.90 km long) is a typical urban location representative. According to data from the Transport Research Center (TRC), it is in an area with a density of traffic at 36,000 vehicles per 24 hours⁻¹. The main source of VOCs is transportation consisting mainly of private motor vehicles. Fig. 1 illustrates the route of measurement. Measurements were carried out in the streets of Pionýrská, Kotlářská, Úvoz, Hlinky, Veletržní and at the Mendelovo náměstí. Sampling was carried out under two driving modes, during both on and off ventilation.

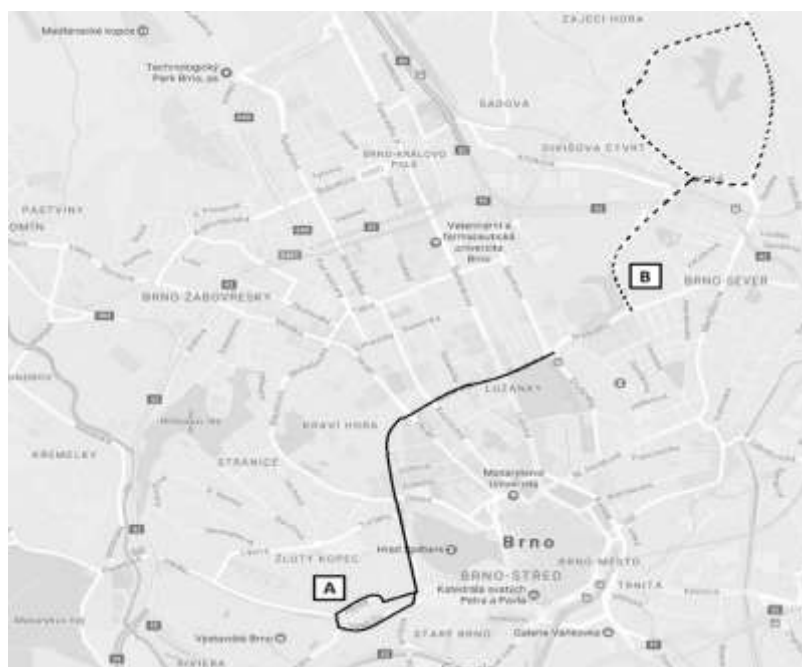


Fig. 1. Location of the sampled routes A, B

2.2. Location Arboretum - Lesná

Arboretum - Lesná (route B – 5.10 km long) was chosen with regard to a busy nearby road with a density of traffic at 25,001 to 40,000 vehicles 24 hours⁻¹. There is a high proportion of greenery, located in the Botanical Gardens and Arboretum of Mendel University. The main source of VOCs is freight transport. Brno - Lesná is a typical residential neighbourhood, so other sources of VOCs are from the use of garden techniques. Sampling was carried out in two driving modes, during on and off ventilation. Paths of measurement are shown in Fig. 1.

2.3. Location Lipůvka-Blansko

Lipůvka - Blansko (route C – 13.15 km long) is the third location selected for the measurement of VOCs. It is a route between the two municipalities, along which travels 7,001 to 10,000 vehicles 24 hours⁻¹. It is the main route for commuters into Brno. This location was chosen owing to its lower density of traffic. Sampling was carried out in two driving modes, during on and off ventilation. Path of measurement is shown in Fig. 2.

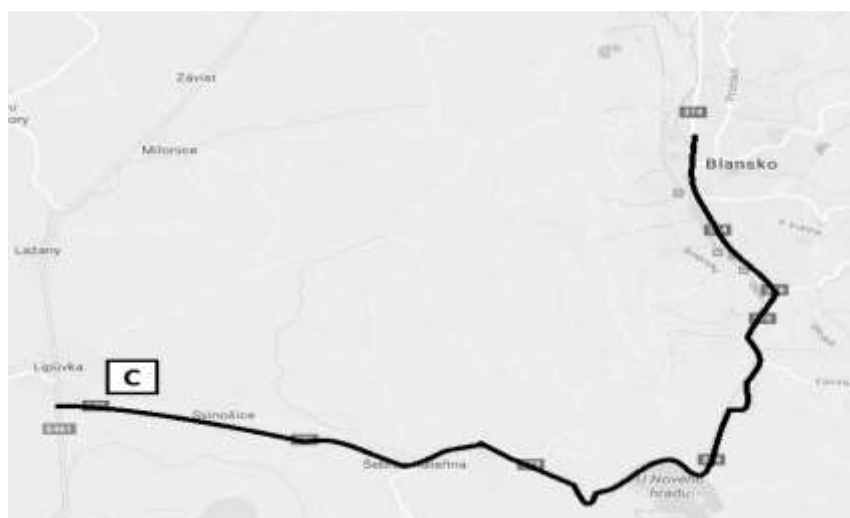


Fig. 2. Location of the sampled route C

2.4. Air sampling and analysis

At these locations, air samples inside the vehicle were taken during the two ventilation modes—open and closed ventilation. The sampling was performed from 4th April to 9th May in 2018. Measurements were carried out each day on all of the routes and samples were collected twice, once during peak (7:00-9:00) and again at (15:00-17:00) hours.

Samples were collected in the passenger area of the vehicle approximately 1.3 m above the floor level. Ambient pressure was between 1,008.2-1,009 hPa. The air sample was collected by pump Aircheck2000 (SKC manufacturer), which was attached to a sorption tube, Markes TD Stainless steel tubes packed with Carboxograph 2TD (40/60 mesh) to analyse aromatic and volatile substances. The amount of sorbent was 400 mg per analytical cycle. Sample flow rate of air was controlled at 200 ml.min⁻¹. The sampling period was 900 s. The volume of removed sample was about 3 litres. Following this, the sorption sample tube was

removed and replaced. Samples of ambient air with volatile compounds were removed from sorption tubes and subsequently desorbed according to the method 5991-1500EN. Agilent see the description below. The summary of the sampling scheme is shown in Table 2.

For desorption of BTEX from sorption tubes was used the methodology 5991-1500EN Agilent. Thermal desorber Agilent 7667 was used with the following temperature program for thermal desorption of samples. Subsequently, desorbed samples were analysed by gas chromatography-tandem mass spectrometry.

Evaluation of the samples was carried out on a gas chromatograph Agilent 7890B with two series-connected columns HP-5ms Ultra Inert (each with a length of 15 m, internal diameter 250 μm and a thickness of 0.25 μm grounded phase). Calibration of the instrument was carried out of BTEX Mixtures with the nitrogen Certificate Supplied by SIAD composition. Linearity was guaranteed for benzene concentration in 8 $\mu\text{g}\cdot\text{m}^{-3}$ of air.

The mass spectrometer Agilent 7000 was used for the detection of these substances: m,p-xylene, o-xylene, toluene, ethylbenzene, benzene.

2.5. Health risk assessment

The following part of this paper describes results from the risk analysis. For the purpose of this study, a case study based on the following parameters was created from real-time data. The assessment of health risks conducted in this paper is based on the method designed by the United States Environmental Protection Agency (US EPA) [16] and the method materials used in the Czech Republic such as Manual for Prevention in Medical Practice, part VIII - basic assessment of health risks [17]. This method is based on the calculation of the average daily inhalation dose, lifelong average dose and the characteristics of the carcinogenic risk. The analysis was based on the following formulas. Main formulas for determined annual population cancer risk in the population exposed is equation 1:

$$APCR = \frac{ELCR \cdot AP}{70} \quad (1)$$

where: *APCR* is annual population cancer risk in the population exposed, *ELCR* is individual lifetime cancer risk relating to given exposure (above population background), *AP* is number of exposed persons, 70 is the considered number indicating the average life expectancy in the Czech Republic.

Based on the US EPA [16] method, exposure in this paper assessed to be chronic and equation 2 was used. US EPA [17] also recommends an adjusted calculation where IUR (value for benzene is 6×10^{-6} [$\mu\text{g}\cdot\text{m}^{-3}$]) is multiplied by ten for the age up to 2 years old, or by three for the age of 2-16, as seen in equation 3:

$$EC = \frac{CA \cdot ET \cdot EF \cdot ED}{AT} \quad (2)$$

$$ELCR = IUR \cdot EC_{<2 \text{ years}} \cdot 10 + IUR \cdot EC_{2-16 \text{ years}} \cdot 3 + IUR \cdot EC_{\geq 16 \text{ years}} \quad (3)$$

where: EC is exposure concentration [$\mu\text{g}\cdot\text{m}^{-3}$], CA is benzene concentration in air [$\mu\text{g}\cdot\text{m}^{-3}$], ET is exposure time [hours/day], EF is exposure frequency [days/year], ED is exposure duration [years], AT is averaging time - lifetime (24 hours/day x 365 days/year x 70 years) [hours].

For the calculation of the exposure time and frequency, equation 4 was recommended by Huzlík [11]. Based on the assignment of the following data to formula 4, the exposure time and frequency was obtained. The size of the population potentially exposed to carcinogenic effects was found to be 6,643,183 people. This amount matches the amount of all those holding driving licenses in the Czech Republic. For the purposes of calculation of the period of exposure, the results of the national traffic count conducted in 2010 in the Czech Republic by the Road and Motorway Directorate. For the purposes of calculation of exposure lengths, the roads were divided into highways with an average speed of 100 $\text{km}\cdot\text{h}^{-1}$ and other roads with an average speed of 60 $\text{km}\cdot\text{h}^{-1}$.

$$ET \cdot EF = \left(\sum_{i=1}^{i=N} \frac{L_i^D \cdot O_i^D}{v^D} + 1.3 \cdot \sum_{j=1}^{j=M} \frac{L_j^S \cdot O_j^S}{v^S} \right) \cdot \frac{365}{SDr} \quad (4)$$

where: L_i^D is the length of the i -th summing section of the freeways from the total number of N counting sections of freeways [km], O_i^D is traffic intensity on the i -th summing section of the freeways from the total number of the N counting sections of the freeways [$\text{vehicles}\cdot\text{day}^{-1}$], v^D is the average velocity of traffic flow on freeway [$\text{km}\cdot\text{h}^{-1}$], L_j^S is the length of the j -th summing section of other roads from the total number of M counting sections of other roads [km], O_j^S is traffic intensity on the j -th summing section of the other roads from the total number of the M counting sections of the other roads [$\text{vehicles}\cdot\text{day}^{-1}$], v^S is the average velocity of traffic flow on other roads [$\text{km}\cdot\text{h}^{-1}$], 1.3 is correction factor (30% of road lengths not counted), SDr is number of drivers of passenger cars in the Czech Republic.

3. RESULTS AND DISCUSSION

The statistical values of data analysis of BTEX for each ventilation mode open/closed on routes are shown in Figs. 3, 4 and 5. Various studies have reported different results. The levels of BTEX measured in this study in the two transportation modes were higher than those found in other studies [19, 20], but concentration of benzene was lower, respectively. Hydrocarbon concentration depended on the route taken and transit density as well [21]. In this study, average value of benzene was about 11% lower than permitted by the Czech legislation whose value, according to the Czech standard is 7 $\mu\text{g}\cdot\text{m}^{-3}$. The levels of toluene were consistently below the Czech hourly standard, whose value, according to the Czech standard, is 300 $\mu\text{g}\cdot\text{m}^{-3}$.

According to Hong-Li et al. [22], it is clear that multiple causes exist for higher concentrations of BTEX such as motor vehicles technology, traffic situation, type of fuel, etc. Emissions of BTEX, VOCs respectively in the cabin of vehicles are contingent on ventilation modes and changes in the engine such as idle of engine.

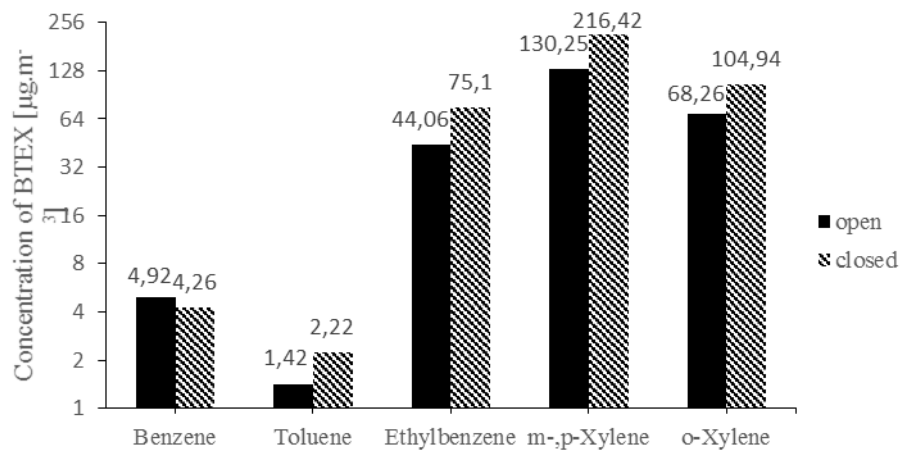


Fig. 3. Concentration of BTEX on route A with different ventilation mode

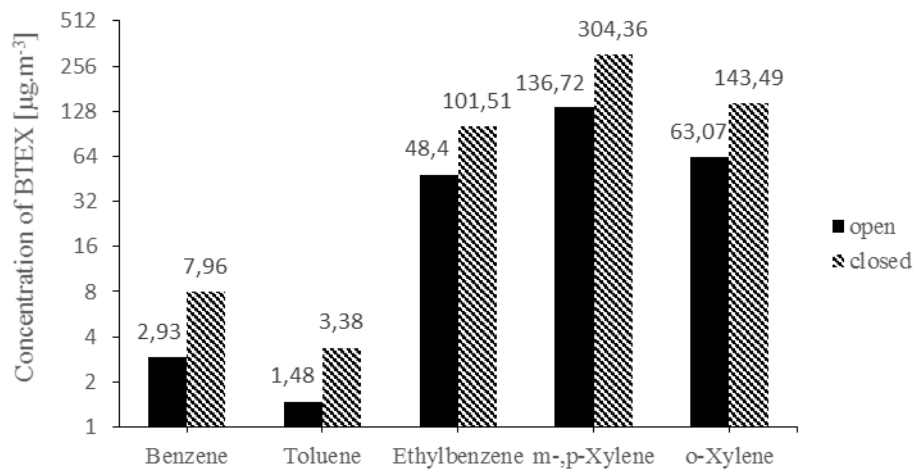


Fig. 4. Concentration of BTEX on route B with varied ventilation modes

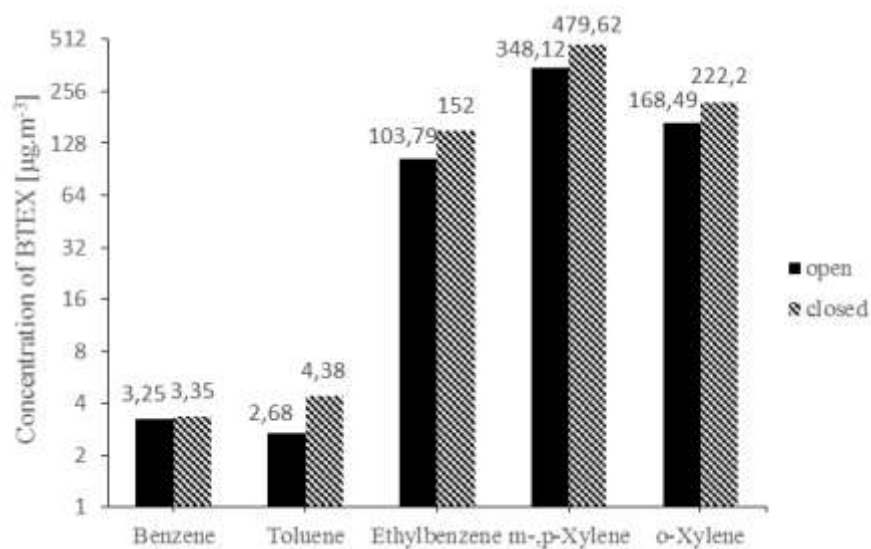


Fig. 5. Concentration of BTEX on route C with varied ventilation modes

Noordin et al. [23] confirmed that BTEX concentration inside the vehicle cabin decreases significantly as time goes on, and a used vehicle would have less BTEX than a new one, because of the ventilation. In the submitted study, the mean concentration of BTEX in vehicles exceeds concentrations of VOCs investigated in residential indoor air in same localities [13]. Route B recorded the highest mean exposure level for benzene $7.96 \mu\text{g}\cdot\text{m}^{-3}$ while route C presented the lower mean value $3.35 \mu\text{g}\cdot\text{m}^{-3}$ for mode with closed ventilation. Route A had higher concentration of benzene than route C during open ventilation mode. Route C presented a generally higher level of concentrations for most BTEX.

Driving speed and traffic density are factors that might explain the different values in vehicle BTEX levels on each route. BTEX are commonly present in indoor air and their concentrations vary among indoor environments and seasons. While route A had a high level of traffic density, route B had its main part of the track in a quiet residential area. Route C had slow driving speed. This is caused by the torturous road contours and thus more frequent braking and acceleration. Increasing the speed of ventilation in the cabin of the vehicle would decrease the level of BTEX. Air recirculation was observed as the most effective measure to lower air pollutant concentrations in the study [24].

Also, Kim et al. [25] used automobiles under various conditions such as cold engine off and ventilation off, exterior air ventilation with idling warm engine and internal air recirculation with idling warm engine. The results showed that BTEX strongly depended upon changes in engine and ventilation modes in vehicle interiors. The mean concentrations of benzene, toluene, xylene, ethylbenzene in the cabin were measured $16.73 \mu\text{g}\cdot\text{m}^{-3}$, $66.02 \mu\text{g}\cdot\text{m}^{-3}$, $14.20 \mu\text{g}\cdot\text{m}^{-3}$, $6.78 \mu\text{g}\cdot\text{m}^{-3}$, respectively. Interior BTEX concentrations were found to be almost twice the outside concentrations. In our study, we found half or quarter's concentration values for benzene and toluene, in comparison with the results of the study of Kim et al. [25]. However, the concentrations of ethylbenzene and xylenes were up to 20 times higher on all evaluated routes. The vicinity of the monitored roads registered no significant source of these substances. The higher levels of ethylbenzene and xylenes, especially on routes B and C, may have been caused by the driving mode, such as increased shifting, irregular operation and (above all) the road profile. Profile Route B was a slight climb and Route C was characterised by multiple turns. As a result of these factors, there was more frequent acceleration, hence, the production of ethylbenzene and xylenes.

The BTEX concentrations in the study [20] also changed significantly under various ventilation conditions (fan off and recirculation (RC) off (I), fan on and RC off (II), and fan on and RC on (III)). Under ventilation condition (I) and (III), BTEX concentrations were higher than the concentration under ventilation condition (II). The result indicated that introducing outside air into vehicle interiors under condition (II) lowered their BTEX concentrations. The results of the study [19] are consistent with our results. Lower concentrations of BTEX with open ventilation were also reported.

The aim of the study was also to determine how periods spent in the car increase the probability of oncological disease occurrence for passengers. The result of equation 4, that is, 99.2 car-hours, represents the average time spent by the personal automobile transport passengers' stay on roads in the Czech Republic per year. The results for each age category are shown in Table 4. The table also describes the travel time for the passengers in the vehicle.

The ELCR value represents a theoretical increase in the probability of cancer by about 0.71 cases of cancer per million inhabitants. Population risk (APCR) reports 0.067 cancer cases per year, which may cause the exposure level of the evaluated substance above the general occurrence in the monitored population. Similar results were obtained by the author

from a study [26] conducted in Mecca. Three selected sites concluded that the risk of cancer was between 0.02 and 1.16 cases per million. These findings reveal that BTEX emissions do not pose serious health threats to adult commuters.

Tab. 4

Calculated values of carcinogenic risk

EC<2 [$\mu\text{g}\cdot\text{m}^{-3}$]	EC2-16 [$\mu\text{g}\cdot\text{m}^{-3}$]	EC16-70 [$\mu\text{g}\cdot\text{m}^{-3}$]	ELCR	APCR
0.0043	0.01	0.043	7.1×10^{-7}	0.067

Level of benzene, toluene, ethylbenzene, m,p-xylene and o-xylene was measured in this study [27] and the authors observed that the concentrations of all indoor and outdoor samples surpassed the cancer risk limit for benzene. In this study [28], BTEX showed a seasonal variation, with higher concentrations during winter than in summer. BTEX compounds also showed higher records in the morning and in evening rush hours. Concentrations of BTEX observed decreased during midday, probably because of decreased traffic volume. This study showed no serious threat of chronic non-cancer health effects.

3. CONCLUSIONS

This study evaluated the concentration of BTEX in vehicle interiors. Vehicle interior concentrations of benzene were found to differ between routes. The mean interior vehicle concentration of BTEX exceeds concentrations of VOCs investigated in identical localities during previous years.

Driving with opened ventilation was found to be more effective in reducing BTEX concentration inside vehicles. Emission exhaust gases are one of the main sources and factors responsible for elevated concentrations of BTEX in vehicle interiors.

This study also considers exposures of BTEX for passengers in the Czech Republic based on the measurement of data under actual driving conditions for two months in the city of Brno. Measurement data served to evaluate the study case in considering health risk. From the results, it is clear to see that the mean human cancer risk over a period of 70 years is estimated to be 7.1×10^{-7} , or 0.71 in a million, due to the inhalation of benzene. A population risk of 0.067 cancer cases per year may cause the exposure level of assessed BTEX to be above the general occurrence in the subject population.

However, taking into account the hazards BTEX, we can say that every contribution to the increase in daily levels of benzene, to which humans are exposed, is unacceptable. In addition, as far as the risk of air dilution in the urban area is concerned, it is largely sufficient to guarantee their protection.

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